



Boredom

1

Look at the picture on pages 66 to 67 of the EMOTIONARY and write down what you think the piglet is thinking.



Sample answer: I'm so bored!

2

Answer the questions below about the picture.

- Do you think the piglet is bored? Why / Why not?

Sample answer: Yes, the piglet looks bored. He has nothing to do.

- What could he do to stop himself from being bored? Give him three ideas.

Sample answers: The piglet could go for a swim. He could get some coconuts from the tree. He could make a sandcastle.

3

Read the text about **boredom** on page 66 of the EMOTIONARY and write **T (true)** or **F (false)** next to the sentences below.

- F Boredom is the same as tiredness.
- T Boredom strikes when we are doing something that doesn't satisfy us.
- F When we are bored, time passes very quickly.
- T When we are bored, we aren't having a good time.

4

Find words from the text in the word search and write them next to their definitions.

- extreme tiredness
weariness
- lack of interest in someone or something
indifference
- irritation
annoyance
- to fulfill a desire or need
satisfy
- Something that counteracts an unpleasant feeling or situation
antidote

E	N	G	S	J	K	L	E	G	S
C	W	A	A	V	Y	F	C	Y	S
N	Q	N	T	Z	N	M	N	C	E
A	B	T	I	A	G	G	E	D	N
Y	J	I	S	E	H	F	R	V	I
O	F	D	F	Q	P	V	E	X	R
N	X	O	Y	M	F	H	F	T	A
N	C	T	O	K	K	Q	F	S	E
A	U	E	U	V	Z	Q	I	K	W
V	Z	L	Z	C	N	D	D	R	R
L	A	H	O	E	S	J	N	S	G
B	V	C	L	K	U	J	I	V	P

5 Put the words below in the correct column in the table.

entertainment tedium monotony variety dull
 amusing yawn adventure routine laugh

Words related to boredom	Words related to fun
tedium	entertainment
monotony	variety
dull	amusing
yawn	adventure
routine	laugh

6 Write a story about an oyster who is bored at the bottom of the sea. You mustn't use the words below!

oyster sea boredom

Open answer

7 Read what these people say about things that bore them, and suggest what they could do to avoid feeling bored.

Anna

I sometimes get bored with a game when I don't understand the rules.

I get bored when I don't understand what people are talking about.

Alexandra

Haydn

I sometimes get bored when I can't think of anything to do.

I get bored when I'm not concentrating on what I'm doing.

Leo

Sample answer: Anna should try to understand the rules by asking someone to explain them properly to her. If she then played the game, she probably wouldn't be bored.

Alexandra should ask people to repeat things if necessary so she can be involved in the conversation and not feel bored.

Haydn should try to think of new things to do.

Leo should learn to concentrate better, maybe by going to a different place.

- Have any of these things ever happened to you? If so, which?

Open answer

- What makes you feel bored? Write your answer below.

Open answer

8 Complete the sentences. **Open answer**

I'm as bored as ...

I'm so bored that ...

I'm more bored than ...

9 Choose six things from the list below and explain what you could do with them to stop yourself from getting bored.

- | | | | |
|---------------|-----------------|-------------|----------|
| straw | string | streamers | confetti |
| felt-tip pens | plastic bottles | cardboard | paper |
| glue | scissors | cotton wool | lentils |

Open answer

