



Pleasure

1 Look at the picture on pages 90 to 91 of the EMOTIONARY and answer the questions.

- What are the characters doing?

- Do you think they are having fun? How can you tell?

2 Get a glass of your favourite drink. Drink it slowly and concentrate on the flavour. Then answer the questions.

- Is it hot or cold?

- What does it taste like? Is it sweet or bitter?

- What does it feel like in your mouth? Is it pleasant? Is it fizzy? Does it tickle your tongue?

3 Read the text about **pleasure** on page 90 of the EMOTIONARY and answer the questions.

● What two emotions make up pleasure?

● What is pleasure produced by?

● What kind of activities do we find pleasure in?

● What do we need to do to feel pleasure?

4 To **appreciate** pleasure, we need to **concentrate**. Complete the sentences with other verbs that end in **-ate**.

● A teacher's job is to _____.

● A surgeon's job is to _____.

● If you say that something is bigger, better or worse than it really is, you _____.

● If you go on to the street to protest, you _____.

5 The text on page 90 of the EMOTIONARY talks about different activities that we can find pleasure in. Match each activity with its example.

● fantasising	● getting a hug from a member of your family
● looking at beautiful things	● playing snakes and ladders with your grandma
● solving problems	● studying the pictures in the EMOTIONARY
● playing	● imagining what life on Mars would be like
● feeling loved	● working out how to put a table together

6 Now match each activity with the kind of pleasure it belongs to.

● fantasising	● emotional pleasure
● looking at beautiful things	● aesthetic pleasure
● solving problems	● psychic pleasure
● playing	● ludic pleasure
● feeling loved	● intellectual pleasure

7 Now write down some examples of things that you like doing for each kind of **pleasure**.

- psychic pleasure → _____
- aesthetic pleasure → _____
- intellectual pleasure → _____
- ludic pleasure → _____
- emotional pleasure → _____

8 Ask a friend what things give them pleasure, and why. Write down what they say.

9 Now choose one of the things your friend told you about and carry it out. Whilst you are doing it, concentrate on the pleasure it gives you. Then answer the questions.

● Did you feel pleasure? Describe what you felt.

● Did you have to concentrate a lot? Why? / Why not?

● Do you think that what you did is something you could get pleasure from too?

● Do you think that everyone gets pleasure from the same things? Why? / Why not?

10

Make a list of some little pleasurable things and draw pictures to go with your list. Look around you for ideas. All the things you choose should meet these requirements:

● They should be free

● They should be available for everybody

Little pleasurable things




